

# Health Care Power of Attorney

This is an important legal document. This document designates the person you want to make medical decisions for you in the event you are unable to participate in your own medical decisions.

Fill out this document carefully. You may want to seek professional help to make sure the form does what you intend and is completed without mistakes.

This document will be in effect until you revoke it. Read this document from time to time to make sure it still reflects your wishes. You may change or revoke this document at any time by telling your doctor and other healthcare providers. You should give copies of this document to your doctor and family. This form is optional. If you choose to use this form, the form has signature lines for you and either two witnesses, or a notary.

## 1. Designation of Health Care Agent:

I, \_\_\_\_\_ hereby appoint: \_\_\_\_\_  
(Agent's name)

Agent's Address \_\_\_\_\_

Agent's Home phone \_\_\_\_\_ Agent's Work Phone \_\_\_\_\_

As my attorney-in-fact (or "Agent") to make health and personal care decisions for me as authorized in this document.

## Effective Date and Durability

By this document I intend to create a durable power of attorney effective upon, and only during, any period of incapacity that, in the opinion of my Agent and attending doctor, I am not able to make or communicate a choice regarding a particular health-care decision.

## 2. Agent's Powers

I grant to my Agent full authority to make decisions for me about my health care. In exercising this authority, my Agent will consider the recommendation of the attending doctor, the decision I would make if I had decisional capacity, if known, and the decision that would be in my best interest. I want my Agent to follow my desires as I have state in Section 3.

**Accordingly, unless specifically limited by Section 3, below, my Agent is authorized as follows:**

- A. To consent, refuse or withdraw consent to any and all types of medical care, treatment, surgical procedures, diagnostic procedures, medication, and use of mechanical or other procedures that affect any bodily function, including (but not limited to) artificial respiration, nutritional support and hydration, and cardiopulmonary resuscitation;
- B. To have access to medical records and information to the same extent that I am entitled, including the right to disclose the contents to others;
- C. To authorize my admission to or discharge (even against medical advice) from any hospital, nursing home, residential care, assisted living or similar facility or service;
- D. To contact on my behalf for any health care related service or facility on my behalf, without my Agent incurring personal financial liability for such contracts;
- E. To hire and fire medical, social service and other support personnel responsible for my care;
- F. To authorize, or refuse to authorize, any medicine or procedure intended to relieve pain, even though such use may lead to physical damage, addiction, or hasten the moment of (but not intentionally cause) my death;

- G. To make anatomical gifts of part or all of my body for medical purposes, authorize an autopsy, and direct the disposition of my remains, to the extent permitted by law;
- H. To take any other action needed to do what I authorize here, including (but not limited to) granting any waiver or release from liability required by any hospital, doctor, or other health care provider; signing any documents relating to refusals of treatment or the leaving of a facility against medical advice, and pursuing any legal action in my name, and at the expense of my estate to force compliance with my wishes as determined by my Agent, or to seek actual or punitive damages for the failure to comply.

3. **Statement of Desires, Special Instructions, and Limitations**

- A. The powers granted above do not include the following powers or are subject to the following rules or limitations.

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- B. With respect to any Life-Sustaining Treatment, I direct the following: (*initial only one of the following paragraphs*)

\_\_\_\_\_ **Reference To Living Will.** I specifically direct my Agent to follow any health care declaration or "living will" executed by me.

\_\_\_\_\_ **Grant of Discretion To Agent.** I do not want my life to be prolonged nor do I want life-sustaining treatment if my Agent believes the burdens of the treatment outweigh the expected benefits. I want my Agent to consider the relief of suffering, the expense involved and the quality as well as the possible extension of my life in making decisions concerning life-sustaining treatment.

\_\_\_\_\_ **Directive To Withhold or Withdraw Treatment.** I do not want my life to be prolonged and I do not want life-sustaining treatment:

- a. If I have a condition that is incurable or irreversible and, without the administration of life-sustaining treatment, expected to result in imminent death;

OR

- b. If I am in a coma or persistent vegetative state which is reasonably concluded to be irreversible.

\_\_\_\_\_ **Directive For Maximum Treatment.** I want my life to be prolonged to the greatest extent possible without regard to my condition, the changes I have for recovery, or the cost of the procedures.

\_\_\_\_\_ **Directive In My Own Words.**

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C. With respect to nutrition and hydration provided by means of a nasogastric tube or tube or tube into the stomach, intestines, or veins, I wish to make clear that . . . (*initial only one*)

\_\_\_\_\_ I **want** these life sustaining procedures. However, I give my agent herein the express authority to later determine to discontinue these procedures should it be in my best interests to do so.

\_\_\_\_\_ I **do not want** these life sustaining procedures under the conditions given above.

#### 4. Alternate Agents

If any Agent named by me shall die, become legally disabled, resign, refuse to act, be unavailable, or (if any Agent is my spouse) be legally separated or divorced from me, I name the following (each to act alone and successively, in the order named) as alternates to my Agent:

##### A.

\_\_\_\_\_  
*First Alternate Agent*

\_\_\_\_\_  
Address

\_\_\_\_\_  
Telephone

##### B.

\_\_\_\_\_  
*Second Alternate Agent*

\_\_\_\_\_  
Address

\_\_\_\_\_  
Telephone

#### 5. Protection of Third Parties Who Rely On My Agent

No person who relies in good faith upon any representations by my Agent or Successor Agent shall be liable to me, my estate, my heirs or assigns, for recognizing the Agent's authority.

#### 6. Nomination of Guardian

If a guardian of my person should for any reason be appointed, I nominate my Agent (or his or her successor), named above.

#### 7. Administrative Provisions

A. I revoke any prior power of attorney for health care.

B. This power of attorney is intended to be valid in any jurisdiction in which it is presented.

C. My Agent shall not be entitled to compensation for services performed under this power of attorney, but he or she shall be entitled to reimbursement for all reasonable expenses incurred as a result of carrying out any provision of this power of attorney.

D. The powers delegated under this power of attorney are separable, so that the invalidity of one or more powers shall not affect any others. Be signing here I indicate that I understand the contents of this document and the effect of this grant of powers to my Agent.

I sign my name to this Health Care Power of Attorney on this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

My current address is: \_\_\_\_\_

My birth date is: \_\_\_\_\_

X \_\_\_\_\_  
Signature

\_\_\_\_\_  
Print Name

**Witness Statement**

I declare that the person who signed this document is personally known to me, that he/she signed this durable power of attorney in my presence and that he/she appears to be of sound mind and under no duress, fraud, or undue influence. I am not the person appointed as agent by this document, nor am I the patient's health care provider, or an employee of the patient's health care provider. I further declare that I am not related to the principal by blood, marriage, or adoption, and to the best of my knowledge, I am not a creditor of the principal nor entitled to any part of his/her estate under a will now existing or by operation of law.

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Address

\_\_\_\_\_  
Address

**OR**

**Notorization**

State Of \_\_\_\_\_

County of \_\_\_\_\_

On this the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

The said \_\_\_\_\_, known to me (or satisfactorily proven) to be the person named in the foregoing instrument, personally appeared before me, a Notary Public, within and for the state and county aforesaid, and acknowledged that he or she freely and voluntarily executed the same for the purposes stated therein.

Notary Public \_\_\_\_\_

My Commission Expires \_\_\_\_\_