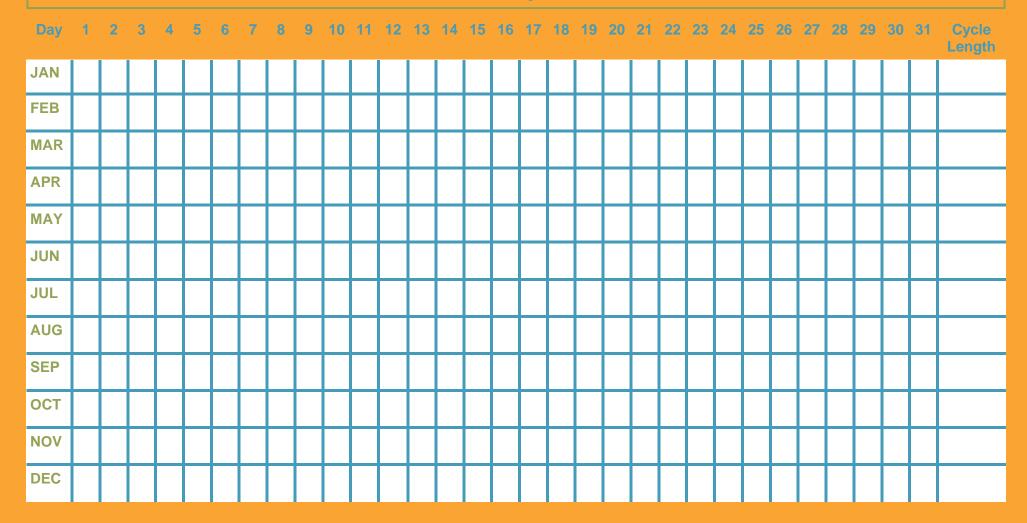
Menstrual Cycle Record



Enter appropriate letter in proper calendar day



S = Spotting
B = Bleeding

H = Heavy Bleeding

C = Cramps



The University of Chicago Medical Center Department of Obstetrics & Gynecology Program in Gynecology for Pediatrics, Adolescents and Young Women