

**Measurement Charts**  
(Some measures are rounded off.)

**Liquid Measures**

American Standard System							Metric System	
Gallon (gal)	Quart (qt)	Pint (pt)	Cup (c)	Fluid Ounces (oz)	Tablespoons (Tbsp)	Teaspoons (tsp)	Milliliters (ml)	Liters (l)
1	4	8	16					3.8
½	2	4	8					1.8
¼	1	2	4	32				.9
	½	1	2	16	32			½
	¼	½	1	8	16			¼
		¼	½	4	8	24	118	0.118
				1	2	6	30	
				½	1	3	15	
						1	5	

**Measures of Weight**

American Standard System			Metric System	
Ton	Pound (lb)	Ounce (oz)	Gram (g)	Kilogram (kg)
1	2,000			907
	1	16	454	0.454
		1	28	

**Measures of Length**

American Standard System				Metric System		
Mile (mi)	Yard (yd)	Foot (ft)	Inch (in)	Centimeter (cm)	Meter (m)	Kilometer (km)
1	1,760	5,280			1,609	1.6
	1	3	36	92	0.92	
		1	12	31	0.31	
			1	2.5		

**Measures of Temperature**

Degrees Fahrenheit	Degrees Centigrade
212	100
100	38
70	21
32	0
0	-18
-20	-29