

“MY DOG IS HOW OLD?”

Canine aging is much more rapid during their first two and a half years. Around 3 years of age, the ratio defers from different breeds.

- Small sized dogs ~ 1 calendar year to 4 dog years
- Medium sized dogs ~ 1 calendar year to 4½ dog years
- Large sized dogs ~ 1 calendar year to 5½ dog years
- Giant breeds ~ 1 calendar year to 7½ dog years

The relative age of different-sized dogs varies through life. Given the different life expectancies of small to giant breeds, two dogs of exactly the same age may in fact be at very different stages in their lives.

Dog Years	Small 3 – 20 lbs	Medium 21 – 55 lbs	Large 56 – 88 lbs	Giant 89 lbs +
1 – 6 months	10	10	10	10
7 – 12 months	16	16	16	16
13 – 18 months	20	20	20	20
19 – 30 months	24	24	24	24
3	28	29	30	31
4	32	33	35	36
5	36	37	40	42
6	40	42	45	49
7	44	47	50	56
8	48	52	55	64
9	52	56	61	71
10	56	60	66	78
11	60	65	72	86
12	64	69	77	93
13	68	74	82	101
14	72	78	88	108
15	76	83	93	115
16	80	87	99	123

17	84	92	104	130
18	88	96	110	137

Cats Age Conversion Chart

Cat Years	Human Years
1	15
2	24
3	28
4	32
5	36
6	40
7	44
8	48
9	52
10	56
11	60
12	64
13	68
14	72
15	76

16	80
17	84
18	88
19	92
20	96

* Please note that these tables are just a rough indication since other aging factors such as gender, spayed/neutered, living conditions, diet, and exercise, along with individual characteristics are not taken into consideration.