A Child's Developmental Milestones O-6 months

• Can grab at objects (by 6

months)

beautiful baby.

Cognitive Language Social/Emotional Physical Recommended Milestones Milestones Milestones **Milestones** Activities Reacts to discomfort · Listens attentively to Usually responds to • Talk with and hold baby. Makes some sounds sounds and voices (by 1 objects or faces as they Give him/her interesting other than crying (by 2 and pain month) move things to see. months) · Recognizes parent's voice • Cries deliberately for • Plays with fingers, hands • Perform "the itsy bitsy • Begins cooing one · Makes eye contact assistance (by 1 month) syllable (by 3 months) and toes spider" or other fun finger plays. · Coordinates eye move-· Shows affection by look-• Holds and manipulates Makes first consonant ments (by 2 months) sounds (by 4 months) ing, waving, kicking and objects; sucks on • Provide safe, washable everything! toys for children to look smiling · Discovers hands and feet Babbles at and suck on. Shows feelings of security · Reacts to sound of voices. as extension of self spontaneously when held or talked to rattle or bell (by 3 months) • Place toys near and Acquires sounds of above baby, encourging Likes to repeat native language (by 6 Expresses delight Vocalizes to him/herself, him/her to roll over for enjoyable acts (by 4 months people and toys a better view. months) May form attachment to • Can raise him/herself • Play instruments in the one special object • Recognizes and responds up on forearms (while classroom. Talk about the to name (by 5 months) • Laughs when tickled on tummy) and hold instrument. head up Studies objects intently Builds trust when cries • Respond quickly to a (by 6 months) are answered Rolls from back to child's cry. Children at tummy (by 4-6 months) this age need to know • May begin to cling to they can trust you. primary caregiver • Can smile at self in mirror (by 5 months) • Use wall and floor mirrors to point out the



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A Child's Developmental Milestones

6-12 months

Cognitive Milestones	Language Milestones	Social/Emotional Milestones	Physical Milestones	Recommended Activities
• Anticipates events (by 7 months)	• Puts together long series of syllables	• Enjoys being with other children	• Learns to crawl, stand up and walk	• Provide safe and steady furniture.
• Finds hidden objects (by 10 months)	• Responds appropriately to a few specific words (by 9 months)	• Has an increased drive for independence	• Sits without support (by 8 months)	• Place interesting things in the environment so the children will want
• Can point to body parts	• Speaks a few recogniza-	• Expresses anger more dramatically	• Transfers toys from hand to hand	to get them.
• Puts nesting toys together correctly	ble wordsProduces gestures to	• Has a fear of strangers	 Sees almost everything with good vision 	• Play a mimic game. Pu a toy in one hand and then transfer it to the
• Develops expectations about familiar events	communicate (by 7 months)	• Is aware of social approval or disapproval	• Begins to cruise and	other. Encourage baby to do the same.
• Waves bye-bye	• Learns how to take turns making sounds	• Performs for others	eventually walk Develops eye-hand 	• Hold baby's hands as he/she takes steps.
	in "conversation"	 Has pride in personal accomplishments 	coordination	Be sure to cheer!
		-		 Play social games such as peek-a-boo and pat- a-cake. It helps develop social, language and
				physical skills.





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A Child's Developmental Milestones 12-18 months

Cognitive Milestones	Language Milestones	Social/Emotional Milestones	Physical Milestones	Recommended Activities
 Identifies family mem- bers in photographs Enjoys cause and effect 	• Has expressive vocabu- lary of 4-10 words (by 13-15 months)	• Prefers to keep caregiver in sight while exploring environment	• Picks up small objects with pointer finger and thumb	• Put small pieces of soft food on baby's high chair so he/she can practice picking up food.
relationshipIs able to make choices	Has expressive vocabu- lary of 10-20 words (by 18 months)	• Demands personal attention	• Can build a tower of cubes	• Stick with daily routines to help children develop
between clear alternatives	(by 18 months) • Can listen and respond	• May reveal stubbornness	• Can throw a ball	a sense of order.
 Begins to solve problems Remembers more 	to simple directions	Unable to shareResponds to simple	Walks wellTurns pages in a book	• Display toys clearly on low shelves.
		requests	Can walk while holding an object	• Talk with the children. Read to them.
				 Gather family photos and create a classroom photo album. Talk about the pictures.
				• Use age-appropriate gros motor equipment, soft blocks, soft balls and beanbags in your classroom.





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A Child's Developmental Milestones

18-24 months

Cognitive Milestones	Language Milestones	Social/Emotional Milestones	Physical Milestones	Recommended Activities
• Sorts shapes and colors	• Has expressive vocabu- lary of 20-25 words	• Is possesive	• Can draw scribbles	• Let them help you prepare a snack or
• Mimics adult behavior	IT	Begins to show	Kicks backward and	other task.
• Minnes adult benavior	 Uses 2-word phrases to communicate 	empathy	forward	• Try to expand their lan-
• Points to and names	communicate	• Reveals a sense of trust	• Stands on a balance	guage. If a toddler says,
objects	• Uses gestures to		beam	"ball" say "Yes, this is a
	communicate	• Begins to play next to	www.11	big, red ball!"
 Refers to self by name 	Doging using counterry	children	 Walks up stairs with help 	• Stock art area with lots
 Learns by helping 	 Begins using courtesy words (please, thank 	 Shows emotions of pride 	neip	• Stock art area with lots of crayons and paper.
Learns by helping	you) occasionally	and embarrassment	• Runs well	Encourage table drawin
 Learns concepts such as 				as well as easel drawing
size, shape and weight as		• May dawdle	 Enjoys riding small- 	
he/she moves and plays		- Engagog in imaginativa	wheeled riding toys	Have more than one of
with objects in the environment.		 Engages in imaginative play 	• Drinks from a straw	everything. Sharing is difficult at this age.
christment		pitty	Diffino from a otraw	unnount ut tinis ugo.
		• Tests limits of		• Encourage children to
		behavior		show off their skills.
		• Performs for an audience		Include a big round of applause!





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A Child's Developmental Milestones

2-3 years

Cognitive Milestones	Language Milestones	Social/Emotional Milestones	Physical Milestones	Recommended Activities
• Comprehends size	Combines words to form	• Has a strong sense of	• Walks backwards	• Provide dolls and simple
Designing to understand	short sentences	ownership	• Can balance on one foot	props like cups and
• Beginning to understand time sequences (e.g.	. Ugog pluppla	• May begin cooperative	• Call balance on one loot (by 3 years)	plates to encourage imag- ination and role play.
before lunch)	 Uses plurals 	play	(by 3 years)	mation and role play.
before function	Answers routine	pitty	 Strings large beads 	 Stringing activities are
• Matches shapes and	questions	• May show need for		great at this age!
colors	1	security object	 Holds scissors correctly 	0 0
	• Provides appropriate		-	• Play games that require
• Counts and manipulates	answers	 Is becoming more 	 Zips and snaps 	balancing.
objects		independent		
	 Comprehends some 		• Learns to use the potty	• Practice cutting with
• Is beginning to think	pronouns		*.* 11 1 1	scissors on a one-on-one
about consequences			• Walks up and down	basis.
	• Follows two step		stairs independently	TT 1 .1 1 .
• Is able to concentrate for longer periods of time	directions			• Help them snap and zip their own coats.



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4-5 A Child's Developmental Milestones **years**

Cognitive Milestones

- Comprehends special concepts (e.g. around, in front, high, next to)
- Rote counts up to 20
- Can complete a 6-8 piece puzzle
- Begins to understand time concepts
- Understands simple math concepts
- Recalls main details of a story
- Has a 2000 word vocabulary

Language

Milestones

Uses double negatives

• Can answer how, who,

Uses possessives

• Joins sentences

when questions

directions

• Follows up to 4 step

• Uses third person

• Tells simple jokes

Social/Emotional Milestones

- Enjoys being with other children
- Has an increased drive for independence
- Expresses anger more dramatically
- Is aware of social approval or disapproval
- Performs for others
- Has pride in personal accomplishments
- Develops sex role identification
- Begins taking turns and negotiating

Physical Milestones

- Can hop on one foot, skip and jump
- Can catch a ball with both hands
- Can catch a beanbag
- Dresses and undresses him/herself
- Can copy a simple design
- Uses scissors to cut a straight line

Recommended Activities

- During circle time, engage children in conversation with you and each other.
- Encourage dramatic play with puppets, dress up clothes, etc.
- Tell children when things will happen. Give them warnings before time is up.
- Add show and share time to weekly activities.
- Add puzzles to manipulatives area. Help them when they first try a new puzzle.
- Develop a math area complete with cash register, money, sorting toys and calculators.
- Provide books that encourage positive gender associations, rather than gender bias.



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