

Colorado Medical Orders for Scope of Treatment (*MOST*)

- **FIRST** follow these orders, **THEN** contact Physician, Advanced Practice Nurse (APN), or Physician Assistant (PA), for further orders if indicated.
- These Medical Orders are based on the person's medical condition & wishes.
- Any section not completed implies full treatment for that section.
- May only be completed by, or on behalf of, a person 18 years of age or older.
- **Everyone shall be treated with dignity and respect.**

Last Name		
First Name/Middle Name		
Date of Birth	Sex	
Hair Color	Eye Color	Race/Ethnicity

For easy identification, form should be photocopied onto "Mausau Astrobrights Vulcan Green" 65lb paper. However, plain white photocopies, faxes, and electronic scans are valid.

A Check One Box Only	CARDIOPULMONARY RESUSCITATION (CPR) <u>Person has no pulse and is not breathing.</u>
	<input type="checkbox"/> No CPR Do Not Resuscitate/DNR/Allow Natural Death <input type="checkbox"/> Yes CPR Attempt Resuscitation/ CPR <i>When <u>not</u> in Cardiopulmonary arrest, follow orders B, C, and D</i>

B Check One Box Only	MEDICAL INTERVENTIONS <u>Person has pulse and/or is breathing.</u>
	<input type="checkbox"/> Comfort Measures Only: Use medication by any route, positioning, and other measures to relieve pain and suffering. Use oxygen, suction and manual treatment of airway obstruction as needed for comfort. <i>Do not transfer</i> to hospital for life-sustaining treatment. <i>Transfer only</i> if comfort needs cannot be met in current location; EMS-Contact medical control. <input type="checkbox"/> Limited Additional Interventions: Includes care described above. Use medical treatment, IV fluids and cardiac monitor as indicated. Do not use intubation, advanced airway interventions, or mechanical ventilation. <i>Transfer to hospital if indicated. Avoid intensive care; EMS-Contact medical control.</i> <input type="checkbox"/> Full Treatment: Includes care described above. Use intubation, advanced airway interventions, mechanical ventilation, and cardioversion as indicated. <i>Transfer to hospital if indicated. Includes intensive care. EMS-Contact medical control.</i> Additional Orders: _____ (EMS=Emergency Medical Services)

C Check One Box Only	ANTIBIOTICS
	<input type="checkbox"/> No antibiotics. Use other measures to relieve symptoms. <input type="checkbox"/> Use antibiotics when comfort is the goal. <input type="checkbox"/> Use antibiotics. Additional Orders: _____

D Check One Box Only	ARTIFICIALLY ADMINISTERED NUTRITION AND HYDRATION ****Always offer food & water by mouth if feasible****
	<input type="checkbox"/> No artificial nutrition/hydration by tube. (NOTE: Special rules for proxy by statute on page 2) <input type="checkbox"/> Patient has executed a "Living Will" <input type="checkbox"/> Patient has not executed a "Living Will" <input type="checkbox"/> Defined trial period of artificial nutrition/hydration by tube. (Length of trial: _____ Goal: _____) <input type="checkbox"/> Long-term artificial nutrition/hydration by tube. Additional Orders: _____

E Check All That Apply	DISCUSSED WITH:	SUMMARY OF MEDICAL CONDITION(S):
	<input type="checkbox"/> Patient <input type="checkbox"/> Agent under Medical Durable Power of Attorney <input type="checkbox"/> Proxy (per statute C.R.S. 15-18.5-103(6)) <input type="checkbox"/> Guardian <input type="checkbox"/> Other: _____ (SECTION RESERVED FOR FUTURE USE)	

Physician/APN /PA Signature (mandatory)	Print Physician/APN/PA Name, Address and Phone Number	Date
Colorado License #:		

SEND FORM WITH PERSON WHENEVER TRANSFERRED OR DISCHARGED

SIGNATURE OF PATIENT, AGENT, GUARDIAN, OR PROXY BY STATUTE (MANDATORY)

Significant thought has been given to the desired scope of end-of-life treatment and these instructions. Preferences have been discussed and expressed to a health care professional. This document reflects those treatment preferences, which may also be documented in a MDPOA, CPR Directive, Living Will, or other advance directive (attached if available). To the extent that my prior advance directives do not conflict with these *Medical Orders for Scope of Treatment*, my prior advance directives shall remain in full force and effect.

(If signed by surrogate, preferences expressed must reflect patient's wishes as best understood by surrogate.)

Signature	Name (Print)	Relationship/ Surrogate status (write "self" if patient)	Date Signed (Revokes all previous MOST forms)
Primary Contact Person for the Patient	Relationship and/or MDPOA, Proxy	Phone Number/Contact Information	
Health Care Professional Preparing Form	Preparer Title	Phone Number	Date Prepared
Hospice Program (if applicable)	Address	Phone Number	Date Enrolled

DIRECTIONS FOR HEALTH CARE PROFESSIONALS

COMPLETING THESE MEDICAL ORDERS

- Must be completed by a health care professional based on patient preferences and medical indications.
- These *Medical Orders* must be signed by a physician, advanced practice nurse, or physician assistant to be valid. *Physician Assistants must include physician name and contact information.*
- Verbal orders are acceptable with follow-up signature by physician or advanced practice nurse in accordance with facility policy.
- Original form strongly encouraged. Photocopy, fax, and electronic image of signed *MOST* forms are legal and valid.

USING THESE MEDICAL ORDERS

- Any section of these *Medical Orders* not completed implies full treatment for that section.
- A semi-automatic external defibrillator (AED) should not be used on a person who has chosen "Do Not Attempt Resuscitation."
- Comfort care is never optional; Oral fluids and nutrition must always be offered if medically feasible.
- When comfort cannot be achieved in the current setting, the person, including someone with "Comfort Measures Only," should be transferred to a setting able to provide comfort (e.g., pinning of a hip fracture).
- A person who chooses "Comfort Measures Only" or "Limited Additional Interventions," should not be entered into a trauma system. *EMS should contact Medical Control for further orders or direction regarding transfers.*
- IV medication to enhance comfort may be appropriate for a person who has chosen "Comfort Measures Only."
- Treatment of dehydration is a measure that may prolong life. A person who desires IV fluids should indicate "Limited Interventions" or "Full Treatment."
- If a health care provider considers these orders medically inappropriate, he or she may discuss concerns with the patient or authorized surrogate and revise orders with consent of patient or surrogate.
- If a health care provider or facility cannot comply with the orders due to policy or personal ethics, the provider or facility must arrange for transfer to the patient to another provider or facility and provide appropriate care in the meantime.
- **Proxy by statute is a decision maker selected through a proxy process** according to C.R.S. 15-18.5-103(6), who *may not* decline artificial nutrition/hydration (ANH) without an attending physician and a second physician trained in neurology certifying that provision of ANH would merely prolong the act of dying and is unlikely to result in the restoration of the patient to independent neurological functioning.

REVIEWING THESE MEDICAL ORDERS

These *Medical Orders* should be reviewed regularly and when the person is transferred from one care setting or care level to another, there is a substantial change in the person's health status, the person's treatment preferences change, or when contact information changes.

REVIEW OF THIS MOST FORM

Review Date	Reviewer	Location of Review	Review Outcome
			<input type="checkbox"/> No Change <input type="checkbox"/> Form Voided <input type="checkbox"/> New Form Completed
			<input type="checkbox"/> No Change <input type="checkbox"/> Form Voided <input type="checkbox"/> New Form Completed
			<input type="checkbox"/> No Change <input type="checkbox"/> Form Voided <input type="checkbox"/> New Form Completed
			<input type="checkbox"/> No Change <input type="checkbox"/> Form Voided <input type="checkbox"/> New Form Completed

HIPAA PERMITS DISCLOSURE OF THIS INFORMATION TO OTHER HEALTH CARE PROFESSIONALS AS NECESSARY