

Apex High School Cheerleading Tryout Score Sheet

Tryout Number _____

I. CHARACTERISTICS AND SKILLS

Score (10 = excellent)

General Appearance 1 2 3 4 5 6 7 8 9 10

Attitude 1 2 3 4 5 6 7 8 9 10

Chant

Smile/Facial Expressions 1 2 3 4 5 6 7 8 9 10

Voice Projection 1 2 3 4 5 6 7 8 9 10

Motions 1 2 3 4 5 6 7 8 9 10

Enthusiasm 1 2 3 4 5 6 7 8 9 10

Coordination 1 2 3 4 5 6 7 8 9 10

Knowledge 1 2 3 4 5 6 7 8 9 10

Interaction with Audience 1 2 3 4 5 6 7 8 9 10

Cheer

Smile/Facial Expressions 1 2 3 4 5 6 7 8 9 10

Voice Projection 1 2 3 4 5 6 7 8 9 10

Motions 1 2 3 4 5 6 7 8 9 10

Enthusiasm 1 2 3 4 5 6 7 8 9 10

Coordination 1 2 3 4 5 6 7 8 9 10

Knowledge 1 2 3 4 5 6 7 8 9 10

Interaction with Audience 1 2 3 4 5 6 7 8 9 10

Dance

Coordination 1 2 3 4 5 6 7 8 9 10

Knowledge 1 2 3 4 5 6 7 8 9 10

Motions 1 2 3 4 5 6 7 8 9 10

Energy 1 2 3 4 5 6 7 8 9 10

Interaction with Audience 1 2 3 4 5 6 7 8 9 10

II. JUMPS

Toe Touch

Height 1 2 3 4 5 6 7 8 9 10

Toes Pointed 1 2 3 4 5 6 7 8 9 10

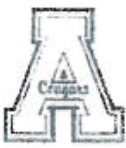
Clean (feet together) 1 2 3 4 5 6 7 8 9 10

Herkie

Height 1 2 3 4 5 6 7 8 9 10

Toes Pointed 1 2 3 4 5 6 7 8 9 10

Clean (feet together) 1 2 3 4 5 6 7 8 9 10



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Hurdler

Height	1	2	3	4	5	6	7	8	9	10
Toes Pointed	1	2	3	4	5	6	7	8	9	10
Clean (feet together)	1	2	3	4	5	6	7	8	9	10

Pike

Height	1	2	3	4	5	6	7	8	9	10
Toes Pointed	1	2	3	4	5	6	7	8	9	10
Clean (feet together)	1	2	3	4	5	6	7	8	9	10

Multiple Jump _____

Height	1	2	3	4	5	6	7	8	9	10
Toes Pointed	1	2	3	4	5	6	7	8	9	10
Clean (feet together)	1	2	3	4	5	6	7	8	9	10

III. TUMBLING

Standing Tumbling _____	1	2	3	4	5	6	7	8	9	10
Running Tumbling _____	1	2	3	4	5	6	7	8	9	10

<u>Standing Tumbling</u>	<u>Running Tumbling</u>
2 – BHS	2 -BHS
4 – Tuck	4- Series BHS
6 – Toe Touch Tuck	6 - Tuck
8 – BHS to Tuck	8 - Layout
10 – Full	10 - Full

Grand Total _____